

## IN THE SPIRIT

This week, I have been meditating about **living in and being led by the Spirit**.

As the phrase suggests, being led by the Spirit means being “led”.

It involves us abandoning our own thoughts and plans and yielding to the Spirit.

In theory, yielding sounds easy and passive.

In practice, yielding is not easy. It’s an active process of dying to self and [letting](#) the Spirit take over.

Within Christian circles, YIELDING is very underrated.

Our yielding comes from the realization that by ourselves, we are nothing but a total mess. This revelation of our inherent weaknesses, and the internal frustration that it brings, helps us to be humble and receptive to the Spirit.

Paul, in the book of Romans talks about his frustration with his deficiencies, the inherent weaknesses of the flesh, and how this changes/changed his posture, and he turns his eyes to the only one who can save.

**“Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death?<sup>25</sup> Thank God! The answer is in Jesus Christ our Lord. ”**

*Galatians 5*

25 If we live in the Spirit, let us also walk in the Spirit

...paraphrase: now that God has authored our faith, let Him finish it. Yield and allow the Spirit to do works through us....

*Ephesians 5*

Instead, be filled with the Holy Spirit, 19 singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts.

.... paraphrase: now that you, the jar, has been filled with the Spirit of God, open your mouth and let the Spirit overflow, with the overflow bringing life and glory to God....

*Ephesians 6*

18 Praying always with all prayer and supplication in the Spirit

**Prayer Points:**

***Pray for those in ministry in accordance with Ephesians 6***

<sup>19</sup>and for me, that utterance may be given to me, that I may open my mouth boldly to make known the mystery of the gospel,

***Pray that when we pray, the Spirit will provide the words according to Acts 2:4,***

And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance